



# The Seventy-Niner

Volume MCIV Number 3



March 2019

President's Report:

## ***We're Past The Arctic Blast***

-B J Hansen-

**T**hank you to all the carriers who delivered through the arctic blast that invaded last month! You did an amazing job in spite of all the obstacles. I'm sad to report that, in some offices, the immediate obstacles stemmed from management failing to be properly prepared for the weather. Every station is required to have a winter preparedness plan in place. This likely means they all had to sign something saying they were ready. Of course some of them were actually far from ready. At least one station had no contract to chain up the vehicles. The one I heard about used carriers to put chains on one day (no supervisors, or the

station manager who apparently dropped the ball in the first place). After the shop steward said something, they used some friends of the supervisor the next day. A carrier found the friends putting chains on the rear of front wheel drive vehicles and corrected them. They had to start over. In some offices they had a contract for chaining up, but they just didn't have enough chains for all the vehicles to start with. In some other offices it was reported that management failed to have the employee parking lots cleared of ice and snow, making it hazardous for carriers to load and unload, enter and exit the lot, and park. Thank you again for doing your best

to rise above all the obstacles and getting the mail delivered.

Once the roads cleared you would think things would be getting back on track. It's easy to understand that there would be some places unsafe to deliver due to icy conditions. What's not comprehensible is that, for another week or more, several routes didn't go out at all. My understanding is that higher levels of management dealt with it as soon as they found out. In addition to that, a Seattle station manager and a supervisor from the same office were caught delivering

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## **2019 Legislative Conference**

-Secretary-Treasurer Mark Myers-

**O**n the evening of January 30<sup>th</sup>, labor representatives throughout the state of Washington convened in Olympia for the Washington State Labor Council's annual Legislative Conference. Branch 79's delegation included Don Bennett, Edward Johnson, Garrett Scott, Scott Anderson, Alfredo Dwan, and myself. At the Wednesday evening reception, we spoke with State Senator Karen Kaiser, WSARA representative Pam Lux, and former WSLC President Rick Bender. Tacoma Letter Carriers Dave Duggan, Roger Shadlow and I grabbed a table (only a handful of tables in the hall) that provided

a gathering point for our delegates.

In the morning, after introductions and a brief review of the most pressing issues before the legislators, Senator Karen Kaiser spoke to the conference and then joined Don Bennett and I, and other delegates from the 33<sup>rd</sup> District for breakfast.

Next, we rode on school buses (pre-World War II?) up to the capital and walked up the (ugh, many) marble steps to the capital building. Right away, we were fortunate to run into one of our State Representatives, Mia Gregorson. Our other State Representative, Tina Orwall, was in

session, but graciously came out to greet us. We then had another opportunity to meet and discuss the issues with Senator Kaiser in her office.

Once again, the Labor Council had prepared a scavenger hunt competition, and after my last "less than pleasant experience of endless stair climbing and hall wandering", I told them I would pass. But they were clever, "Could you just take our picture, please?" is how it started. Then, most of this year's sites were on the same level. So, before I knew it, we had captured group pictures with most of the designated locations...that's what you do, take pictures in front of statues and so on (Actually, it was kind of fun).

However, bottom line, it really is serious business. Letter Carriers are an integral

**(Continued on Page 5)**

# Branch Meeting Summarized Minutes

## February 13th, 2019

-Assistant Secretary-Treasurer Nick Simmons-

President BJ Hansen called the January Branch meeting to order at 7:00 PM.

BJ thanked those who braved the weather to attend the meeting.

There was a question of whether there was a quorum.

Roll call of officers found Chriss Daniels, Garrett Scott, and John Sweeney absent.

Special guest John Beaumont did a presentation, addressing legislation, lobbying congress, the letter carrier political fund etc.

**Communications:** Mark read the communications to the branch.

**Applications for Membership:** Nick read the names of 15 new applications for membership. MSC

**No Unfinished Business**

**No New Business**

**No Officer Recommendations**

**President BJ Hansen:**

- Spoke about the recent intervention at Formal Step A w/NBA Nick Vafiades and ALR Scott Sutton.

**Vice President Kevin Gottlieb:**

- Thanks to Scott Anderson for filling in for former Vice President Chriss Daniels during surgery.
- Reported Monique Trumbeta is stepping down for health reasons?
- Thanks to Tracy Holzworth for handling Formal Step A for Kirkland and Mercer Island.

**Business from the floor:**

- Ken Eline expresses concerns about CCA uniforms out of Redmond (in reference to VP report).
- Coby Jones made a motion to excuse Michael C. Keels, who is on official union business. MSC
- Austin Cooper talks about it being black history month.

**Band Ken Eline:**

- No Report

**Condolence Committee Ron Jilk:**

- Read the names of those who recently departed.
- Moment of silence.

**KCLC/WSLC Mark Myers:**

- Discussed recent lobby trip to Olympia
  - Don Bennett spoke about contact with representatives and direct meetings
  - with rep(s) Schrier and Smith.

**Organizing committee:**

- Scott Anderson spoke about moving organizing committee meeting because of scheduling conflicts.
- Edward Johnson spoke about the food tonight being Jamaican Fusion.

**MDA:**

- Two bottles of wine for raffle.

*President BJ Hansen: Reminder that books would be closing at 8:00 PM.*

**By-Laws Committee Mats Julin:**

- Jo Ann Pyle made a motion to only read the title, section, and change. MSC
- Last reading of proposed by-laws addressing full-time officer pay.
  - Section 2, Article 7. By-Laws Committee recommends approval. MSC
  - Section 1, Article 6. By-Laws Committee recommends approval. MSC
  - Section 2, Article 6. By-Laws Committee recommends approval. MSC
  - Section 3, Article 6. By-Laws Committee recommends approval. MSC

**Retired Club Pat Costello:**

- Meeting next Tuesday at IHOP (02/19/2019)

**Director of Insurance Jo Ann Pyle:**

- Spoke about the health plan and important things that were now covered.

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# The Seventy-Niner

Official publication of Branch 79. Published monthly in the interest of Branch 79, National Association of Letter Carriers, AFL-CIO, representing the Letter Carriers of Auburn, Bellevue, Bothell, Federal Way, Enumclaw, Issaquah, Kirkland, Mercer Island, Redmond, Renton and Seattle.  
All articles are the opinion of the writers and do not necessarily reflect the attitude of Branch 79, its Officers or Members.

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**Chris Larsen,**  
**Assistant Editor**  
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**Branch 79 Editorial Policy**  
Contributors are expected to use good taste and keep articles free of personal attacks and discriminatory or prejudicial references. Facts presented must be accurate. Submissions must comply with Article 1 of Branch 79's by-laws, which states, in part, that the object of this Branch is to unite members into one harmonious body for their mutual benefit.  
All articles submitted to The Seventy-Niner are reviewed to ensure compliance with this policy.

**Normal Office Hours:**  
**(M-F) 7:30am - 5pm**  
**(206) 284-3420**  
**Website: NALC79.org**  
**Fax: 206-284-3432**

## Branch Officers

President .....B J Hansen  
Vice-President .....Kevin Gottlieb  
Secretary-Treasurer .....Mark Myers  
Financial Sec.....Edward Johnson Jr  
Asst. Sec-Treas.....Nick Simmons  
Sergeant-at-Arms .....Scott Anderson  
Dir. of Insurance .....Jo Ann Pyle  
Dir. of Retirees .....John Sweeney  
Editor .....Garrett Scott  
Trustee .....Austin Cooper  
Trustee .....Chriss Daniels  
Trustee .....Ron Jilk

# Shop Stewards

- Auburn.....Julie Blackwell
- Auburn.....Tommy Grice
- Bainbridge Island.....Erika Wales
- Ballard.....Tyson Burchak
- Ballard.....Michelle Holthaus
- Ballard.....Matt Rollins
- Bellevue Annex.....Jesse Aujla
- Bellevue Annex.....Harpreet Singh
- Bellevue Crossroads....Chris Bradshaw
- Bellevue Crossroads.....Kevin Pearson
- Bellevue Main.....Cory Carlson
- Bellevue Main**.....
- Bitterlake.....Ron Grisham
- Bitterlake.....Andrew Manke
- Bothell.....Cementry Martin
- Bothell.....Susan Mulholland
- Burien.....Tracy Steele
- Columbia.....Edward Johnson Jr.
- Des Moines**.....
- Enumclaw**.....
- Georgetown.....Bruce Dillow
- Interbay.....David Kidder-Fincher
- Interbay.....Jose Martinez
- Issaquah**.....
- Kirkland.....Alfredo Dwan
- Kirkland.....Sabrina Miller
- Lake City.....Andrew Forray
- Mercer Island.....Tracy Holzwarth
- Midtown/Seattle.....Pedro Mobley
- Mill Creek.....Brian Wiggins
- Mill Creek.....Yoshi Nagamatsu
- North City.....Joshua Berg
- North City.....Rachel LeLoo
- Part-Time Regulars.....Kevin Cronin
- Redmond.....Ken Stevens
- Redmond.....Dong Young Lee
- Renton/Hlds....Deborah Znak-St.Germain
- Renton/Hlds.....Willie Castro Jr.
- Renton/Main.....Ryan Bell
- Riverton.....Dale Martinez
- Riverton.....Donna Tapia
- Seattle Carrier Annex..Franklyn Anderson
- Seattle Carrier Annex....Teresa Danning.
- Seattle Carrier Annex...Enrique Molina
- Skyway**.....
- Term Station.....Gerlyn Elaydo
- Twin Lakes.....Dan Alexander
- Twin Lakes.....Tess Hart
- University.....Will Collins
- University.....Garrett Scott
- Wallingford.....Ralph Coolman
- Wallingford.....Nick Simmons
- Wedgwood.....Susan Steele
- West Seattle.....Kim Shasteen
- Westwood.....Scott Anderson
- Westwood.....Brad Larsen



## Director of Retirees

**John Sweeney**  
**206-283-3079**

## Director of Insurance

**Jo Ann Pyle**  
**206-914-2253**

**(NALC Health Benefit Plan / MBA)**

# Dates to Remember

## Branch Meeting

**Swedish Club**  
**1920 Dexter Ave N**  
**March 13th / 7 pm**

## Next Month's Meeting

**April 10th/ 7 pm**

*and at each meeting's conclusion:*  
**Drawing for \$50 Gift card**

## Retired Club

**IHOP**  
**10002 Aurora Ave N**  
**March 19th @ 11:00 AM**  
**Hope to See You All There!**

## Steward Council

**Branch 79 Office**  
**210 Queen Anne Ave N**  
**March 27th / 7 pm**

# GOLD CARD MEMBERS

- |                    |                      |                  |
|--------------------|----------------------|------------------|
| Larry Austin       | Robert Geiger        | Lafayette Moore  |
| Leonard Berglund   | Conrad Gettman       | Wayne Morgan     |
| Gene Betz          | June Gravelle        | Ed Morris Jr.    |
| Billy Bigelow      | Francis P. Hennessey | Kenneth Nelson   |
| Robert Bigelow     | Ron Henry            | Gary Nolta       |
| G.R. Blair         | Danny Hess           | Mike Offield     |
| Lawrence J. Branze | Kenneth Hicks        | Junji Ono        |
| Sylvester Bunker   | Charles H. Houston   | John Otis        |
| Frank Burdulis     | Earlie L. Hudson     | Charles Owens    |
| Richard Byland     | John Janousek        | Dan Padilla      |
| George Condon      | Ronald Johnson       | David Parmelee   |
| Beverly Cook       | Kenneth Johnston     | David Payne      |
| William Coyner     | Jerry Jonason        | Robert Peterson  |
| Larry Davis        | Richard Klein        | James Robinson   |
| Eugene Dell        | Frank LaRiviere      | David Rodger     |
| George Egger       | Ernest Lendy         | Don Sanders      |
| Ronald Eng         | Donald Lowe          | Donald Shannon   |
| Ronald Engen       | Roy Luquette         | Ronald Sherrard  |
| Robert Erb         | Peter Madsen         | Wayne Sonnenfeld |
| David Erickson     | Michael Mangan       | Robert Stringer  |
| James Farmer, Jr.  | John Martin          | Robert Studley   |
| Jon Felker         | Richard McFadden     | Jimmy Terada     |
| Willard Fox        | Robert McBerry       | Ben Wittick      |
| Earl Frank, Jr.    | Bruce Miner          | Donald Wissinger |
| William Gallagher  |                      | James Wood       |

# The Souper Bowl

-Don Nokes-

As a Letter Carrier, you have to enjoy what you can, and do your best to endure and/or ignore the things you can't. Being badgered in the office? Leave that in your wake, and enjoy the aerobics of your job. My first permanent assignment was right in my briar patch. I was born and raised in West Seattle, and still am, living there. My first bid allowed me to go home for lunch. It was all legal, all according to the book, and I used it all to my advantage. When I got home, I had to work fast, though – not that I didn't work fast all the time, but I had to make short shrift of what was in the fridge. I had to be in and out, meal made and eaten in less than 30 minutes. I ate from the back to the front, and am proud to say I was an equal opportunity eater. I didn't care what color the food was, if it looked edible, it was mine. However, I was a bit discriminatory when it came to blue food. When something yellow turns a bit green - you can slice it off - pare it down to the edibles. Red can tinge a bit orangey, orange can fade into green, green can blanch out and yellow some, but it's all good. Truly any hew will do, accept blue.

Being raised by a Depression Era mother, bless her soul, she was a master at mixing and masking meals – or you may say, stretching meals. Mother was a true alchemist in the kitchen. Her meals were straight out of a Bear Grylls cookbook - *Improvise, Adapt, Overcome*. After eating her meals for years and years, my brother assured me

that by now, we are probably a different species. The five second rule does not apply. It's possible we could eat raw roadkill. I don't think anything can take us down, except maybe a "steak" in the heart.



When I would arrive home for lunch, applying mom's culinary skills to the leftovers, I would take everything I deemed consumable, blend it into a sumptuous soup, and nuke it. Dredged and spackled with crackers – it wasn't half bad. It was probably all bad, but being the different species that I was, I could always partake. It is remarkable how many comestibles can go into a soup. Spaghetti - in it goes. Turkey stuffing – that's a no brainer. Chicken nuggets? You may think, I don't think so, but yes! Nuggets are what I call cover food. When you're slurping down your souper bowl, you might bite into something unseemly, something

questionable, something you're not quite sure about, but with nuggets bobbing about – your conscience is clear, and you can just chew your way through. All those cooked carrots, broccoli, cauliflower, Brussels sprouts, basically all that healthy stuff the kids "turnip" their noses to. In it goes. Salad from three days ago? Salad? NO! I speak from experience – salad is a no-go in your souper bowl. You could make a mammoth meal with it. Construct yourself a double-decker, heart-attack maker, if you want: use the lettuce, pile on some old cheeseburgers, slice up

some chicken, wrap it all up in a hoagie and – down you go. Probably flat on your back! But, it's all for a good cause - 'cause you're going to burn it all off on your route. With Souper Bowls and Mammoth Meals to succor you, the miles and miles of trekking can be in a way, enjoyable.

Gospel truth here – I never gained a pound when I was delivering mail door-to-door. Park and loop was a joy because it allowed me to eat ad nauseam. During Christmas, my customers inundated me with chocolates, bon bons, home-baked stuff, rum-filled candies and just gobs of goodies – some of which I passed along to my own mailman. The Frangos, somehow, never ever made it back to the station. "I can resist everything, except temptation." Oh, so true, whoever said it. But I never got a bulbous gut out of overeating – because I worked it all off. The job is a joy in that aspect. Enjoy being fit. Don't be fit to be tied by the numbers. Enjoy your Souper Bowls, your Mammoth Meals, and then enjoy the aerobic workout of your daily routine. Enjoy going home for lunch if you can, and even if you can't, there's no rule stopping you from packin' - a lunch, beforehand. But again, find the joy, and enjoy what you can.

(2019 Legislative...from Front)

and respected part of the labor community. We have been valued participants in the "Labor Neighbor" program, along with many other "get out the vote" activities such as phone-banking and doorbelling. Our attendance at the WSLC legislative conference provides us opportunities to develop friendships and working relationships with the next members of Congress and the Senate, many of whom could and will have a direct and lasting impact on the future of Letter Carriers

Branch Donations

During the month of February, Branch 79 made donations to:

\*American Cancer Society

\*Disabled American Veterans

\*Alzheimer's Association

If you have a favorite charity or organization you would like the Branch

to donate to, please send the Trustees information about the charity for review. In addition to the name of the charity, and what they do, please provide the Trustees with their address, phone number, and website.

Send the information to:  
NALC Branch 79 Board of Trustees, 210 Queen Anne Ave N #201, Seattle, WA 98109



# CD SPECIAL



**2.00%** APY\*  
**18-Month CD**

## OFFER ENDS SOON!

\*APY = Annual Percentage Yield. Federally insured by NCUA. The following rates are current as of January 1, 2019. If you redeem your CD before it matures, you may have to pay an "early withdrawal" penalty or forfeit a portion of the interest you earned. This offer is limited to funds not currently on deposit with Community 1st. Minimum to open promo CD is \$5,000. Dividends are paid monthly by posting to an account or by adding to the certificate balance to compound each month. The account will automatically renew at the end of the term to the regular certificate rate as follows: 18 month to 12 month. This is a limited time offer, subject to limitations and restrictions.



**COMMUNITY 1<sup>ST</sup>**  
CREDIT UNION

## More to the NALC Health Plan Than our Physical Stuff

-Director of Insurance Jo Ann Pyle –

In the January issue of the Postal Record our Director of the NALC Health Plan wrote about our benefits relating to mental and emotional well-being. Contrary to what Postal management thinks, these issues are just as important as broken bones and diabetes. They are medical issues that need our attention. Our health plan helps with a variety of these issues. Examples include:

- Abuse and domestic violence
- Depression
- Phobias
- Addictions
- Eating disorders
- Alzheimer's and dementia
- Obesity
- Schizophrenia
- Anxiety
- Obsessions and compulsions
- Autism
- Personality disorders
- Traumatic brain injury
- Bipolar disorder

If you feel that any of these or other issues are negatively affecting your life please contact Optum health care at 877-468-1016.

Optum also offers extensive member resources at [liveandworkwell.com](http://liveandworkwell.com). Check it out. Here's to feeling good!

## I Was Injured at Work, What Should I Do Now?

-Sergeant-at-Arms Scott Anderson-

**W**hat should I do when or if I get injured at work? This article will detail, as many have before, what you should do if you sustain an injury at work, and how to properly deal with the situation at hand. First, the accident/injury must be reported to management. After the report, management will likely tell you that they need a written statement. Note: You are not required to write a statement, if written incorrectly, could lead management to issue discipline for an injury/accident that is clearly not your fault.

Second, request the proper paperwork, which should include, but is not limited to the following:

1. CA-1 "Report of Traumatic Injury", or CA-2 "Report of Occupational Disease"
2. CA-16 "Authorization for Examination or Treatment"
3. CA-17 "Duty Status Report"
4. CA-20 "Attending Physician's Report"

The CA-1 and CA-2 are the required forms for reporting an injury to the Office of Workers' Compensation (OWCP). The CA-16 should be issued within 4 hours of the injury, or within 48 hours if verbal authorization is given. The CA-20 is not required, however, it provides an initial medical report to OWCP that often times enables an expedited claim process and better understanding of the initial claim. The CA-17 is required to be completed to release any carrier to full-duty or

limited duty. A new CA-17 is required for each appointment for your injury and it should be provided to management after each appointment.

After the paperwork is submitted, follow up with management. They are required to provide a signed receipt for the CA-1 or CA-2 within 24 hours. If management denies providing these forms, alert your shop steward. They are required under Postal Service policy and Federal Law. The NALC is proud to offer help for OWCP claims to our injured members and this is one of many benefits of NALC membership that is provided at no cost to our members.

When or if you sustain an injury, remember to:

1. Report the accident/injury.
2. Get the right paperwork.
3. Get a signed receipt.
4. Take care of yourself.

As someone who has sustained a few injuries in my time with USPS, I can assure you that it is never easy to work through OWCP and its' processes. While this is certainly not a complete list of the things you should do as an injured worker, this list will help begin the process for you. Remember that your union is there to help you through your injury. Lean on us when or if you are injured at work. We are here to help!

In Solidarity -

Scott

# Congratulations to Jim Bosch

on his recent retirement after more than 51 years carrying mail in Seattle!



Photos courtesy of B J Hansen

### (Summarized Minutes from Page 2)

*Books are closing.*

**Trustees' Report:**

- Ron Jilk reported the trustees met on 02/06/2019 and found the books to be in good order. **MSC**
- The membership was informed of the donations approved by the officers.
- Ron would like to thank the membership for his election as trustee.

**Secretary-Treasurer Mark Myers:**

- Reported on branch finances. **MSC**

- Reported on a negligible financial error that was found and corrected.

**Financial Secretary Edward Johnson:**

- Membership report was given.

**Good of the Association and Improvement of the Service:**

- Peggy Cooper reminded the membership to not disturb meeting next door when leaving.

- Ken reminded the members to be safe driving home.
- Pat reminded the members not to forget their sweetie on Valentine's Day.

**BJ gave upcoming dates to remember.**

**MDA door prize:** Ken Eline & Brooks Bennett

**Door Prize:** Scott Anderson

*Meeting adjourned at 8:30 PM.*

## 2019-2020 Branch 79 Committees

### Assistant Editor

Chris Larsen

### Chaplain

Don Bennett

### By-Laws

John Sweeney - Chair

Mary Bartley

Ed Johnson

Nick Simmons

Tracy Holzwarth

### Condolence

Ron Jilk - Chair

Mark Myers

Jo Ann Pyle

### Correspondent

Don Nokes

### Education

B J Hansen - Chair

Kevin Gottlieb

Mark Myers

### Food Drive

Don Bennett - Co-Chair

Brian Mercer - Co-Chair

Deborah Patterson

Carol Ford

Michael Moore

Brooks Bennett

Franklyn Anderson

### Good of the Order

Peggy Cooper - Chair

Mary Bartley

### King County Labor Council

Mark Myers - Chair

Don Bennett

B J Hansen

Edward Johnson

Garrett Scott

Pedro Mobley

### Legislative

Garrett Scott - Chair

Jack Hayes

Alfredo Dwan

Chris Larsen

Edward Johnson

Virgilio Goze

Hunter Funari

Pedro Mobley

### LCPF

Alfredo Dwan - Chair

Brian Wiggins

Pedro Mobley

Virgilio Goze

Hunter Funari

### MDA

Brian Wiggins - Chair

Jack Hayes

Nick Simmons

Chriss Daniels

Jennifer McFadden

### Organizing

Scott Anderson - Chair

Tracy Holzwarth

Susan Mulholland

Deborah Znak-St. Germain

Nick Simmons

Andrea Lightfoot

Jess Aujla

Shantel Broughton

Viro Rani

### Picnic

Pedro Mobley - Chair

Deborah Znak-St. Germain

Edward Johnson

Denise Notman

Jack Hayes

Franklyn Anderson

Austin Cooper

Dale Martinez

Donna Tapia

Joe Nguyen

Kevin Pham

Shantel Broughton

Tommy Grice

Helen Rosnovskaya

### Softball

Ron Jilk - Chair

Kevin Gottlieb

### Scholarship

John Sweeney - Chair

Helen Rosnovskaya

Nick Simmons

### Seattle Union Label and

### Service Council

Garrett Scott

### OWCP

Coby Jones - Chair

Scott Anderson

Cementry Martin

Erica Silva

### Nominations

TBD

### Election

TBD

# **OWCP Help is Here**

If you have a work-related illness or injury and are having trouble navigating the confusing OWCP system, or your claim is being denied, please come get assistance from trained OWCP experts at the Branch 79 office.

Look in the Seventy-Niner for announcements of future help sessions.

*Next Session:*

**Branch 79 office - 210 Queen Anne Ave N, Seattle 98109  
Wednesday, April 3rd from 5:30 pm - 8:30 pm**

## **MEMORIAL**

**Marion D. Glover  
Mother of Sister Carol Stiles**

**Anthony Mendoza  
Brother of Brother Rudy Dizon, Jr.**

## ***Congratulations Recent Retirees***

---

Priscilla Cressman  
Sam Huang  
Larry Ordonia  
Canicus Posadas  
Jorge Santis  
Bruce Terrell  
DeLois Williams  
Chriss Daniels

## **Shared Services**

(National Human Resources)

1-877-477-3273

<http://liteblue.usps.gov>

You'll need your Employee ID#  
and your USPS PIN.

# Welcome New Members

Annabelle Von Pratt-Lines	Zach Caine
Shane Lavers	Michael Enloe
Baudelio Garcia	Karen Laughlin
Bill Lor	Sherry Tran
Amy Mullins	Jose Sanchez
Rebecca Carlson	Meyrick Cortes
Christina Foster	Faramak Zahraie

## (We're Past...from Front)

mail recently. One of them was spotted delivering without a pouch or dog spray. Oh well, I'm sure that at least the CCAs there get properly trained/disciplined on that.

Not enough CCAs? If management actually worked CCAs at their assigned stations, at least during their probationary period, and gave them appropriate workloads as they learn the job, it would help with training. Treating carriers with dignity and respect just might help keep them on board.

Congratulations to Jim Bosch on his recent retirement after more than 51 years carrying mail in Seattle!

# Brookfield Uniforms

*Designers and Producers of Highest Quality Union Made Uniforms*

**Get \$497 for your \$452 allowance.**

Seattle Odd Zips

**Ken Eline**

Retired Br. 79

1526 NE 165th St

Shoreline WA 98155

206-365-2659 Cell: 206-271-3053

Seattle Even Zips

**Larry Anderson**

Retired Br. 79

P.O. Box 69444

Seattle WA 98168

206-465-6111

## Membership Report

As Reported at the February 2019 Branch Meeting

*Financial Secretary Edward Johnson*

<b>New Members</b>	<b>15</b>
Left Service	9
Transfer Out	0
Cancelled	0
Retired	7
Deaths	0
Active	1772
Associate	39
Total Retired	523*
*Includes Gold Card Members 74	
<b>Total Membership</b>	<b>2334</b>



THE SEVENTY-NINER  
210 QUEEN ANNE AVE. N.  
SEATTLE, WA 98109

ADDRESS SERVICE REQUESTED



NON-PROFIT ORG.  
U.S. POSTAGE  
PAID  
Seattle, WA  
Permit No. 5242



## Comments from the VP

-Vice President Kevin Gottlieb-

Greetings, Brothers and Sisters! I would like to thank all the active letter carriers and CCAs for a job well done during last year and the hectic record-breaking holiday season. The long hours and trucks overflowing with parcels show that the reason the Postal Service survives is on the backs of the letter carriers; we are the service in the Postal Service. Also, the recent snow provided many obstacles getting to work, as well as getting mail delivered. I know of one office in the south end where carriers who were unable to get to work were told they would not be paid unless they provided medical certification. I also spoke with a young lady from Issaquah Station who told me she was unable to deliver large sections of her route because of the snow hazard the last few days and on this day I spoke to her she would need to make 4 trips back to the office to get more parts of her route. I could tell she was extremely stressed and very unhappy, but got the job done. Again to all of you, a job well done!

On January 23, 2019 I requested all the associate office stewards and alternate stewards come down to the branch office for a meeting. As part of the duties of the vice president it is to

represent all the offices outside of the Seattle Installation as far as grievances sent to Formal A. It was my opportunity to get to know these stewards as well as them to get to know me. I was extremely surprised and impressed with the turnout. This showed to me that these stewards and alternates are committed to representing carriers in their respective offices 100%.

Stewards are the frontline representation in your office. They are given legal rights equal to management when representing letter carriers. It has never been an easy job but for me, but it's rewarding when I can stand up to management with the contract in hand as my backbone and be successful in whatever the grievance or argument is. Stewards are the leaders in the office. I know of many offices that could use a steward or an alternate. If you're interested, contact me or the branch president to get the ball rolling. As a union, we provide many opportunities to training.

I cannot stress or recommend how important it is to check your Official Personal Folder (OPF) on Lite Blue for mistakes and for discipline that should

have been removed. If you do not have your PIN, you will need to call 877-477-3273 and follow the prompts to have a new PIN mailed to you. If you find something in your OPF that should not be there, contact your Shop Steward.

The branch has been receiving Step B decisions regarding the start time changes that were made back in October 2018. We have received many decisions from Seattle Step B Team, as well as some from across the county. I am happy to report that from all of them, I have seen the union has been successful at getting the times returned to original times back in October.

Again, this year looks as if there will be six day mail counts and inspections. In March, Redmond will be going through the process there. I expect that there will be grievances. If your office receives notification of an upcoming mail count and inspection, please contact me or the president so that we can set up training prior to the counts.

For whatever reason, I was asked to announce by Dave Heizler of the Riverton Station that he is the greatest carrier ever. I guess writing the Riverton Review isn't enough satisfaction for him and he needs to have his name in everyone's article.

Proud to be NALC!